



DR. GREGORY WELLS, PH. D

CA PSY23440

EDUCATIONAL HISTORY

Postdoctoral Master of Science in Clinical Psychopharmacology

California School of Professional Psychology

Alliant University

Degree Conferred: May 2011

Doctor of Philosophy

Department of Educational Psychology

The University of Texas at Austin

Degree Conferred: August 2005

Master of Arts

Department of Educational Psychology

The University of Texas at Austin

Degree Conferred: August 1999

Bachelor of Arts

The University of Texas at Austin

Degree Conferred: May 1993

Major: Psychology

AREAS OF SPECIALIZATION

Psychedelic research, therapy, and integration; Ketamine-Assisted Psychotherapy; Psychopharmacological consultation. Clinical interests include Mindfulness-based treatment approaches and Buddhist psychology; Acceptance and Commitment Therapy (ACT); and LGBTQIA+ mental health.



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EXPERIENCE:

Founder & CEO

(04/17-present)

San Francisco Insight & Integration Center

One of 12 U.S. based sites participating in the Phase 3 clinical trial of MDMA-Assisted Psychotherapy to treat PTSD, sponsored by MAPS. Manage a team of 8 therapists as well as support staff. Serve as Principal Investigator and Therapist for the following FDA studies:

- An Open-Label, Multi-Site Phase 2 Study of the Safety and Effect of Manualized MDMA-Assisted Psychotherapy for the Treatment of Severe Posttraumatic Stress Disorder
- A Randomized, Double-Blind, Placebo-Controlled, Multi-Site Phase 3 Study of the Efficacy and Safety of Manualized MDMA-Assisted Psychotherapy for the Treatment of Severe Posttraumatic Stress Disorder

Co-founder and CEO

(04/18-04/21)

Polaris Insight Center

Clinic providing cutting-edge, evidence-based Ketamine-Assisted Psychotherapy for treatment of depression, anxiety, PTSD, and other issues.

Private Practice

(03/10-present)

San Francisco, CA

Provide assessment and treatment services to adolescents and adults including psychological/neuropsychological evaluations as well as short-term and ongoing therapy. Specialize in the assessment and diagnosis of ADHD and learning disorders, treatment of mood and anxiety disorders, and use of mindfulness-based treatment approaches (MBCT, MBSR, ACT, DBT) with a range of issues.

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Clinical Supervisor

(07/10-07/13)

Psychological Services Center
Oakland, CA

Supervise predoctoral interns at a community based mental health clinic. Provide group and individual clinical supervision and provide didactic instruction in assessment and clinical intervention skills.

Compensation & Pension Evaluator

(01/11-07/15)

Veterans' Affairs Northern California Healthcare System
Oakland Behavioral Healthcare Center

Conduct compensation and pension evaluations for Veteran's seeking disability compensation. Evaluate Veteran's with a range of issues, including PTSD, depression, anxiety, schizophrenia, substance abuse, and personality disorders.

Adjunct Faculty

California School of Professional Psychology
at Alliant University – San Francisco Campus

(08/10-12/10)

Teach graduate level course in intellectual assessment to doctoral students as part of the required core curriculum.

Private Practice

Pelts, Kirkhart, & Associates
New Orleans, LA

(06/09-03/10)

Provided assessment and treatment to a range of clients from childhood through adulthood; psychoeducational evaluations for school-aged children; psychological evaluations for children, adolescents, and adults. Collaborated with a multi-disciplinary group practice including psychiatrists, psychologists, and clinical social workers.



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Postdoctoral Fellowship in Clinical Psychology and Infant Mental Health

Louisiana State University
Health Sciences Center
New Orleans, LA

(07/08 – 06/09)

Harris Infant Mental Health Fellowship under Joy Osofsky, Ph.D., Director of the Harris Center for Infant Mental Health in the Department of Psychiatry; provided assessment and intervention services to infants from 0-3 and their families with a focus on children and families exposed to violence and/or trauma. Also, provided a range of psychological services to individuals and families through the community-based Behavioral Sciences Center; provided school-based mental health services two days per week to students at two urban high schools with a combined student population of 1,400; provided court ordered assessment and treatment to children and families referred through the Office of Community Services and Orleans Parish Juvenile Court; conducted research on the effects of trauma related to hurricanes Katrina and Rita through a grant funded by United Way and the American Red Cross.



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PRESENTATIONS AND PUBLICATIONS

Mitchell, J.M., Bogenschutz, M., Lilienstein, A., et. al. (2021). MDMA-assisted Therapy for Severe PTSD: A randomized, double-blind, placebo-controlled phase 3 study. *Nature Medicine*.

Skinta, M.D., Lezama, M., Wells, G.C., & Dilley, J.W. (2015). *Acceptance and Compassion-Based Group Therapy to Reduce HIV Stigma*. *Cognitive and Behavioral Practice*. Elsevier.

Skinta, M.D., Brandrett, B.D., Schenk, W.C., Wells, G.C., & Dilley, J.W. (2014). *Shame, Self-Acceptance and Disclosure in the Lives of Men Living with HIV: An Interpretive Phenomenological Analysis Approach*. *Psychology and Health*. Taylor & Francis.

Wells, G.C. (2011). *Making Room for Daddies: Male Couples Creating Families Through Adoption*. *Journal of Gay, Lesbian, Bisexual, and Transgender Family Studies*. Taylor and Francis.

Wells, G.C. (2005). *Making Room for Daddies: Male Couples and their Adopted Children*. Presented at the Annual Convention of the American Psychological Association, New Orleans, Louisiana, August 10, 2006.

Patterson, C.K., Estes, D. & Wells, G.C. (2001). *Life Skills: Healthy Coping During Internship and Beyond*. Paper presentation at the annual meeting of The National Association of School Psychologists, Washington, D.C.

Coulter, W.A., Patterson, C.K., McKeemer, T. & Wells, G.C. (2000). *Ethnic Disproportion in Louisiana: Is It Still A Problem and What Do We Do About It?* Paper presentation at the annual meeting of the Louisiana School Psychology Association, Baton Rouge, LA.



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Tharinger, D.J., Wells, G.C. (2000). *An Attachment Perspective on the Developmental Challenges of Gay and Lesbian Adolescents: The Need for Continuity of Caregiving from Family and Schools*. The School Psychology Review.

Stark, K.D., Bronik M., Wong, S., & Wells, G. (1999). *Affective and Mood Disorders*. In M. Hersen & R.T. Ammerman (Eds.), Advanced Abnormal Child Psychology (2nd Edition). New York: Lawrence Erlbaum Associates, Inc.

Wells, G.C., Lasser, J., Tharinger, D.J. (1997). *Sexual Minority Youth: Negotiating Educational and Developmental Challenges*. Presented at the Annual Convention of the American Psychological Association, Chicago, Illinois, August 17, 1997.